

Itinerary

No Single Supplement: 19 Day Antarctica & Falklands Expedition – Northbound Expedition Cruise

*IMPORTANT NOTE: Any extra nights, optional tours or other amendments, will not be visible on this itinerary.

Day 1: Arrive Buenos Aires, Argentina

Upon reaching Buenos Aires, make your own way to the hotel. Spending a night in Buenos Aires sets the perfect tone for your Antarctic expedition.

This bustling city boasts a rich tapestry of porteños, the spirited denizens of its ports. Here, European grandeur mingles with Latin American flair, creating an irresistible blend of cultures.

Immerse yourself in the city's offerings, from savouring authentic Argentine steaks at traditional parrillas to honing your dance skills in the birthplace of the tango.

For a fuller experience, contemplate arriving a few days ahead to delve deeper into the vibrant essence of this metropolis.

MEALS:

Breakfast

OVERNIGHT:

Emperador Hotel, Buenos Aires or similar

Day 2: Buenos Aires ~ Ushuaia ~ Embark Ship

Embark on your journey with an early morning flight to Ushuaia, where you'll rendezvous with your ecoconscious expedition vessel, crafted for eco-friendly navigation through polar regions.

Ushuaia, a vibrant port city and the capital of Argentina's Tierra del Fuego Province, awaits your arrival. Framed by the stunning Martial Glacier, it contends for the distinction of being the southernmost city in the world.

Following a briefing by your Expedition Team, take the opportunity to acquaint yourself with your cabin and discover the array of comforts and facilities available onboard.

MEALS:

Breakfast, Dinner

OVERNIGHT: MS Roald Amundsen

Day 3-4: Crossing the Drake Passage

During the two-day journey across the Drake Passage, the Expedition Team will provide you with essential insights to enhance your polar expedition voyage.

Explore the onboard Science Center to gain a glimpse into the adventures that lie ahead. Engage with passionate experts as they delve into Antarctica's rich history, the scientific wonders beneath its icy surface, and the pressing issues of climate change and plastic pollution. Discover ways to ensure your visit is both safe and environmentally responsible, and learn about the Citizen Science initiatives available for your participation.

With ample leisure time available, take advantage of the spa and wellness facilities for relaxation, savour delectable cuisine, and mingle with fellow travellers in the Explorer Lounge & Bar.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 5-9: Antarctica

Prepare to be awe-struck as you venture into the heart of Antarctica. Surrounded by towering glaciers and colossal icebergs reminiscent of floating cathedrals, this pristine wilderness will ignite your sense of wonder. Yet, perhaps the most remarkable aspect of Antarctica is its profound silence, interrupted only by the occasional presence of its inhabitants – the wildlife.

In the Antarctic summer, you may encounter penguins nurturing their chicks, cormorants, sheathbills, and petrels gracefully soaring through the sky, or majestic orcas and humpback whales gracefully navigating the krill-rich waters. Here, nature reigns supreme, and we are but humble observers.

Over the course of five exhilarating days, you'll immerse yourself in a series of captivating explorations across various landing sites. Each day promises a new and thrilling experience, with opportunities to join the Expedition Team on landings and ice cruises. Engage in a range of activities, from kayaking and snowshoeing to hiking, and perhaps even embark on an unforgettable overnight camping adventure (surcharges apply).

Back onboard, the Expedition Team will enrich your understanding of the frozen continent through insightful lectures, further enhancing your appreciation of this extraordinary environment.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 10-11: Crossing the Drake Passage

As you relish the memories of your Antarctic odyssey, brace yourself for further escapades as we set sail towards the Falkland Islands. Your Expedition Team will provide insightful briefings on the islands' history and biology, enriching your understanding of this intriguing destination.

Delve into the fascinating world of Antarctic ecosystems at the Science Center, where you can peer through microscopes to observe the intricate life forms such as krill and phytoplankton, which sustain a multitude of wildlife in the region.

Enhance your skills and creativity with guidance from our professional photographer, who will offer tips to elevate your photography, or partake in workshops on wildlife painting and mastering nautical knots. For moments of relaxation and rejuvenation, indulge in a spa treatment, engage in a workout session at the gym, and savour the culinary delights of our restaurants featuring locally sourced, regionally inspired dishes.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 12-14: The Falkland Islands

The Falkland Islands boast expansive horizons and pristine white beaches bustling with birdlife. Amidst the serene landscape, occasional farms punctuate the scenery, while verdant grassy hills and vibrant wildflowers offer a stark contrast to the icy vastness of Antarctica.

During your visit, embark on a community walk through Stanley, where you'll wander through the charming Jubilee Villas gardens, admire the historic Christ Church Cathedral, and delve into the intriguing exhibits of the Historic Dockyard Museum.

Our explorations, whether landings, hikes, or excursions, are always conducted with careful consideration of prevailing conditions. With luck, we aim to visit albatross and penguin colonies, where these majestic creatures share their habitat with seals, ensuring minimal disruption to their natural rhythms.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 15: At Sea

Enjoy a relaxing day at sea as we sail towards Puerto Madryn, your mind a colourful kaleidoscope of special memories and new knowledge gathered from your incredible time in Antarctica and the Falklands.

Join the Expedition Team in the Science Centre to explore special interests in greater depth, learn more about photography, or simply unwind on deck, reflecting on the highlights of a truly memorable adventure.

Conclude the day in the Explorer Lounge & Bar with the new friends you've made on your journey, sharing stories and experiences over a well-earned, relaxing drink.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 16: Puerto Madryn, Argentina

Puerto Madryn enjoys warm temperatures and stunning beaches, serving as the gateway to the dramatic Valdés Peninsula. While here, you can explore this remarkable nature reserve, a UNESCO World Heritage Site.

You may have the chance to spot marine mammals, and with over 180 bird species calling the peninsula home, don't forget to bring your binoculars. Wander through the peaceful natural beauty of the reserve, enjoy a delicious meal, and browse the local arts and crafts shops nearby.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 17-18: At sea

As we sail the final leg from Puerto Madryn to Buenos Aires, enjoy your final day at sea. Join the Expedition Team in the Science Centre to explore special interests in more depth, learn more about photography, or simply relax on deck, recalling the highlights of your memorable adventure. Don't forget to contribute your findings to Citizen Science projects.

End the evening in the Explorer Lounge with the new friends you've made on your trip, sharing experiences over a relaxing drink.

MEALS:

Breakfast, Lunch, Dinner

OVERNIGHT:

MS Roald Amundsen

Day 19: Buenos Aires ~ Disembark Ship

As your expedition to Antarctica and the Falklands concludes in Buenos Aires, take a moment to reflect on the incredible experiences you've had. Your mind will be filled with vivid memories of icy landscapes and remarkable wildlife encounters, while your camera holds images to treasure for a lifetime.

This journey has brought you face to face with breathtaking natural beauty—from bustling penguin colonies and vast icebergs to the unique ecosystem of the Falkland Islands. The adventures and discoveries along the way will stay with you long after you leave the frozen continent behind.

MEALS: Breakfast