# Itinerary

## 10 Day Indonesia: Flores & Komodo Island

***IMPORTANT NOTE: Any extra nights, optional tours or other amendments, will not be visible on this itinerary.**

### Day 1: Arrive Ende, Indonesia ~ Moni Village

Welcome to Flores. On arrival at Ende Airport, you will be met by your local guide and driver to begin your journey through central Flores.

Travel towards Moni Village, stopping along the way to explore Wologai Traditional Village. Wander through the village and discover the distinctive traditional houses, local culture and way of life of the Lio people.

After your visit, continue through the scenic highlands of Flores towards Moni Village. On arrival, check in to your hotel and enjoy the remainder of the day at leisure.

**APPROXIMATE WALKING TIME:** 30 Minutes

**APPROXIMATE WALKING DISTANCE:** 1 km

**APPROXIMATE DRIVING TIME:** 2 Hours

**APPROXIMATE DRIVING DISTANCE:** 55 km

**MEALS:** Nil

**OVERNIGHT:** Kelimutu Eco Lodge or similar, Moni

### Day 2: Kelimutu Lake ~ Ende ~ Riung

Rise early this morning for a 4:30am departure to Kelimutu National Park. Travel into the highlands before walking to the viewpoint overlooking the famous three crater lakes of Mount Kelimutu.

Enjoy time at the summit as the morning light reveals the dramatic volcanic landscape and distinctive crater lakes. Afterwards, return to Moni for breakfast before continuing your journey across Flores.

Stop at Ndua Ria Traditional Market, where you can experience a colourful local market filled with fresh fruit, vegetables and regional produce. Continue through Ende and visit the striking Blue Stone Beach, known for its unusual colourful pebbles and coastal scenery.

Later, travel north through the changing landscapes of Flores towards Riung. On arrival, check in to your hotel and enjoy the remainder of the evening at leisure.

**APPROXIMATE WALKING TIME:** 1 Hour

**APPROXIMATE WALKING DISTANCE:** 2 km

**APPROXIMATE DRIVING TIME:** 7 Hours

p>**APPROXIMATE DRIVING DISTANCE:** 250 km

**MEALS:** Breakfast

**OVERNIGHT:** SVD Riung or similar, Riung

## Day 3: Riung Marine Garden ~ So'a Hot Springs ~ Bajawa

After breakfast, transfer to Riung Harbour and board a traditional wooden boat for a half-day adventure through the beautiful Riung Marine Garden.

Sail towards Kalong Island, where thousands of fruit bats can be seen among the mangrove trees. Continue to the Bako or Tembang snorkelling area and discover the colourful marine life beneath the clear tropical waters.

Next, cruise to Tiga Island for more snorkelling and time to relax by the beach. Enjoy a BBQ lunch before sailing back to Riung Harbour.

This afternoon, continue by road towards Bajawa, stopping at the natural So'a Hot Springs along the way. Here, enjoy time to relax and take a refreshing soak in the warm thermal waters.

Afterwards, continue through the scenic highlands to Bajawa and check in to your hotel for the evening.

**APPROXIMATE WALKING TIME:** 30 Minutes

**APPROXIMATE WALKING DISTANCE:** 1 km

**APPROXIMATE DRIVING TIME:** 2.5 Hours

**APPROXIMATE DRIVING DISTANCE:** 80 km

**MEALS:** Breakfast, Lunch

**OVERNIGHT:** Happy Happy Hotel or similar, Bajawa

## Day 4: Bajawa ~ Bena Village ~ Aimere – Rana Mese Lake ~ Ruteng

After breakfast, depart Bajawa and travel to Bena Traditional Village, one of the most fascinating cultural villages in Flores. Explore the village on foot and discover its traditional houses, ancient stone monuments and unique Ngada culture.

Continue towards Aimere Village, where you will see the traditional process used to produce local palm liquor from palm sap. Learn more about this long-standing local tradition before continuing through the beautiful Flores countryside.

Later, stop at scenic Rana Mese Lake, a peaceful volcanic lake surrounded by dense forest. Enjoy time to admire the views and take photographs before continuing towards Ruteng.

Arrive in Ruteng later today and check in to your accommodation for the evening.

**APPROXIMATE WALKING TIME:** 1 Hour

**APPROXIMATE WALKING DISTANCE:** 2 km

**APPROXIMATE DRIVING TIME:** 5 Hours

**APPROXIMATE DRIVING DISTANCE:** 150 km

**MEALS:** Breakfast

**OVERNIGHT:** Pondok Susteran or similar, Ruteng

## Day 5: Ruteng ~ Lodok Cancar ~ Cunca Wulang Canyon ~ Labuan Bajo

After breakfast, depart Ruteng and travel to Lodok Cancar, home to the famous spider-web rice fields of Flores. Walk up a small hill for panoramic views across the uniquely shaped rice fields and surrounding countryside.

Continue through the scenic Manggarai region, travelling along mountain roads surrounded by traditional villages, farmland and lush tropical landscapes. Stop in Lembor, known for its extensive rice terraces, where you will have time for lunch at your own expense.

This afternoon, continue to Cunca Wulang Canyon. Accompanied by your guide, hike down towards the canyon and enjoy time to swim in the refreshing natural waters surrounded by dramatic rock formations.

Afterwards, return to your vehicle and continue through the mountain pass towards Labuan Bajo. On arrival, check in to your hotel and enjoy the evening at leisure.

**APPROXIMATE WALKING TIME:** 2 Hours

**APPROXIMATE WALKING DISTANCE:** 4 km

**APPROXIMATE DRIVING TIME:** 5 Hours

**APPROXIMATE DRIVING DISTANCE:** 150 km

**MEALS:** Breakfast, Dinner

**OVERNIGHT:** Puri Sari Beach Hotel or similar, Labuan Bajo

## Day 6: Labuan Bajo ~ Kelor Island ~ Rinca Island ~ Menjerite ~ Padar Island

After breakfast, you will be collected from your hotel in Labuan Bajo and transferred to the harbour. Board your boat and begin your adventure through the spectacular islands of Komodo National Park.

Sail towards Kelor Island, where you can enjoy the beautiful tropical surroundings before continuing deeper into the national park. The journey then continues to Rinca Island, one of the best-known habitats

of the legendary Komodo dragon.

Accompanied by a local guide, trek across Rinca Island in search of Komodo dragons and other native wildlife. Along the way, discover the island's rugged landscapes and learn more about the remarkable animals that inhabit this protected region.

Afterwards, return to the boat and continue sailing through the national park. Visit the waters around Menjerite before continuing towards Padar Island, where you will spend the night aboard your boat.

**APPROXIMATE WALKING TIME:** 1.5 Hours

**APPROXIMATE WALKING DISTANCE:** 3 km

**APPROXIMATE DRIVING TIME:** 15 Minutes

**APPROXIMATE DRIVING DISTANCE:** 5 km

**MEALS:** Breakfast, Lunch, Dinner

**OVERNIGHT:** Komodo Boat

## Day 7: Padar Island ~ Pink Beach ~ Komodo Island ~ Kalong

Rise early this morning and sail towards Padar Island. On arrival, trek to the island's famous viewpoint for spectacular panoramic views across rugged hills, sweeping bays and turquoise waters.

Return to the boat and continue to beautiful Pink Beach. Enjoy time to relax on the distinctive pink-hued shoreline or snorkel in the clear tropical waters before lunch.

Later, sail to Komodo Island for another unforgettable wildlife experience. Accompanied by a local guide, trek through the island in search of Komodo dragons and other native wildlife within their natural habitat.

After exploring Komodo Island, return to the boat and sail towards Kalong Komodo. Enjoy dinner aboard and spend another memorable night surrounded by the islands of Komodo National Park.

**APPROXIMATE WALKING TIME:** 2.5 Hours

**APPROXIMATE WALKING DISTANCE:** 5 km

**APPROXIMATE DRIVING TIME:** Nil

**APPROXIMATE DRIVING DISTANCE:** Nil

**MEALS:** Breakfast, Lunch, Dinner

**OVERNIGHT:** Komodo Boat

## Day 8: Kalong Komodo ~ Manta Point ~ Taka Makassar ~ Kanawa Island ~ Labuan Bajo

After breakfast aboard the boat, continue your journey through the spectacular waters of Komodo National Park towards Manta Point. Here, enjoy the opportunity to snorkel and search for majestic manta rays gliding through the tropical waters.

Continue to beautiful Taka Makassar, a small sandbank surrounded by crystal-clear turquoise seas. Enjoy time to relax, swim and take in the incredible scenery of this remote island paradise.

Later, sail towards Kanawa Island for another opportunity to snorkel and discover colourful marine life beneath the clear waters. Lunch will be served aboard the boat during your journey.

This afternoon, sail back towards Labuan Bajo Harbour. On arrival, transfer to your hotel and enjoy the remainder of the evening at leisure.

**APPROXIMATE WALKING TIME:** 30 Minutes

**APPROXIMATE WALKING DISTANCE:** 1 km

**APPROXIMATE DRIVING TIME:** 15 Minutes

**APPROXIMATE DRIVING DISTANCE:** 5 km

**MEALS:** Breakfast, Lunch

**OVERNIGHT:** Puri Sari Beach Hotel or similar, Labuan Bajo

## Day 9: Labuan Bajo ~ Batu Cermin Cave ~ Rangko Cave ~ Labuan Bajo

After breakfast, depart your hotel and travel to Batu Cermin Cave, also known as Mirror Cave. Explore the fascinating limestone formations, ancient marine fossils, stalactites and narrow passages within this unique natural attraction.

Continue through the local countryside towards Rangko Village, approximately 40 minutes from Labuan Bajo. From the village, board a traditional wooden boat for the short journey across to Rangko Cave.

On arrival, descend into the spectacular cavern and discover its crystal-clear turquoise saltwater pool. Enjoy time to swim or float beneath the cave, where sunlight creates a beautiful glow across the water and limestone walls.

Afterwards, return by boat to Rangko Village and continue by road back to Labuan Bajo. Enjoy the remainder of the afternoon at leisure and perhaps watch the sunset from your hotel.

**APPROXIMATE WALKING TIME:** 1.5 Hours

**APPROXIMATE WALKING DISTANCE:** 2 km

**APPROXIMATE DRIVING TIME:** 1.5 Hours

**APPROXIMATE DRIVING DISTANCE:** 50 km

**MEALS:** Breakfast

**OVERNIGHT:** Puri Sari Beach Hotel or similar, Labuan Bajo

## Day 10: Depart Labuan Bajo

Enjoy breakfast at your hotel before preparing for your departure from beautiful Flores. Take some final time to relax before checking out of your accommodation.

At the appropriate time, you will be transferred to Labuan Bajo Airport for your onward flight. Your Flores and Komodo Island adventure comes to an end with incredible memories of volcanic landscapes, traditional villages, tropical islands and unforgettable wildlife encounters.

**APPROXIMATE DRIVING TIME:** 15 Minutes

**APPROXIMATE DRIVING DISTANCE:** 5 km

**MEALS:** Breakfast